Disability Sport - Come & try days

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| **Sport** | **Details** | **Dates** | **Location** | **Contact** |
| **Special Olympics Come and Try Bocce** | Special Olympics is a global movement that empowers people with intellectual disabilities through the joy of sports. We provide year-round training and competition in a variety of sports, helping individuals build confidence, improve health, and create lasting friendships. | 12/12/2024  5-6pm | Petersham Bowling Club  77 Brighton St, Petersham, NSW 2049 | Phone: 0411546308  Website: [sydneyinnerwest.sport@specialolympics.com.au](mailto:sydneyinnerwest.sport@specialolympics.com.au) |
| **Abilities**  **Unleashed**  **(kids)** | **Register via website**  These events are come-and-try sport days designed to promote the pathways for inclusion sports and active recreation programs in local community areas and encourage people living with disabilities to participate in community sport and active recreation on a regular basis | **Bankstown**: 04 Dec 2024, 10:00 am – 1:00 pm  **Alexandria**  13 Dec 2024, 10:00 am – 1:00 pm  **Blacktown**:  02 Apr 2025, 10:00 am – 1:00 pm | Bankstown Basketball Stadium, 2 Third Ave, Condell Park NSW 2200, Australia  Perry Park Recreation Centre, 1B Maddox St, Alexandria NSW 2015, Australia  Blacktown Leisure Centre, Stanhope Pkwy &, Sentry Dr, Stanhope Gardens NSW 2768, Australia | Website: <https://www.activateinclusion.com.au/events-1>  Phone:  +61 2 8763 1223  Email:  [aisd@sports.org.au](mailto:aisd@sports.org.au) |
| **Paralympics Australia**  **-**  **NSW multi-sport Come & try day** | This event has passed in 2024. Keep an eye on their website and social media for upcoming events in 2025.  Website: <https://www.paralympic.org.au/news/> | | | |
| **Adaptive tennis**  **Come & Try** | Play, Connect and Socialise! A weekly group social tennis session for players of all ages and levels of ability run by professional tennis coaches. Bookings essential.  Cost: Non-member: $56Members: $46 | Saturdays, 10am to 12pm  Saturday 29 June to Saturday 28 June 2025 | Park Rd Alexandria, NSW 2015, Australia  Alexandria Park Tennis Courts | Website: <https://www.citycommunitytennis.com.au/adult-coaching/adaptive-tennis>  Phone:  0433 899 644 |
| **International Day of People with a Disability**  **-**  **Adaptive Tennis** | In celebration of International Day of People with Disability we are hosting a come and try tennis day. This event is for anyone with a disability who would like to try tennis in a fun and inclusive environment.  This event will include:  Blind and low vision tennis Wheelchair tennis Adaptive standing tennis (ambulant people with physical disabilities) Tennis for people who are deaf or hearing impaired Tennis for people who are intellectually impaired. | 30/11/2024 11am-1pm | Alexandria Park Tennis Courts Alexandria Park Road Alexandria NSW 2000. | Email: [marita@citycommunitytennis.com.au](mailto:marita@citycommunitytennis.com.au) Phone:  0433899644 |
| **Wheelchair Basketball Come & try** | Events not yet released for 2025. See the website or contacts provided for additional information. | | | **Sports Co-ordinator**  Marta Myhill E: [Martam@wsnsw.org.au](mailto:Martam@wsnsw.org.au) P: 0408 358 605  **Head of Sport**  David Pope E: [davidp@wsnsw.org.au](mailto:davidp@wsnsw.org.au) P: 0488 980 203  Website: <https://www.wsnsw.org.au/play-sport/wheelchair-basketball> |

Helpful Websites

Many sports are yet to release event schedules for 2025

**Wheelchair Sports NSW/ACT**: <https://www.wsnsw.org.au/>

**NSW Government**: <https://www.sport.nsw.gov.au/find-a-sport/sport-for-people-disability>

**Disability Sports Australia**: <https://www.sports.org.au/>