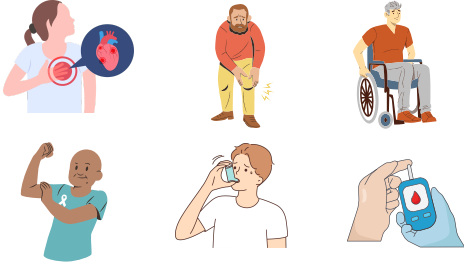


# Medicare Chronic Disease Management Plans

## WHO IS IT FOR?



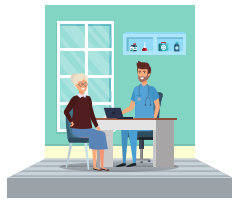
## Adults with a chronic condition

- A chronic condition is a health condition that has been present for 6 months or longer, e.g. asthma, heart disease, cancer, arthritis, diabetes, stroke.
- There is no list of approved conditions.
- Your doctor will determine if a plan is right for you.

## WHAT IS IT?

There are 2 types of plans:

1. **GP Management Plan**
2. **Team Care Arrangement**



## GP Management Plan

This is a plan of action you agree on with your GP.

This plan identifies:

1. Your needs.
2. The services to be provided by your GP.
3. The actions you can take to manage your condition.

## Team Care Arrangement

This is if you need multidisciplinary care.

- Your GP collaborates with 2+ other health professionals who will give you ongoing treatment.
- This helps your GP coordinate your care.

## WHAT DO YOU GET?



## GP Management Plan or Team Care Arrangement

- You might be eligible for 6 allied health sessions.
- A physiotherapist or exercise physiologist could develop a physical activity plan for you.
- These sessions are fully or partly funded by Medicare depending on the provider.

## HOW DO YOU GET IT?

- Ask your GP if either plan is right for you.
- Once approved, you could see a physiotherapist or exercise physiologist for a physical activity plan.

Find a physiotherapist near you



Find an exercise physiologist near you

